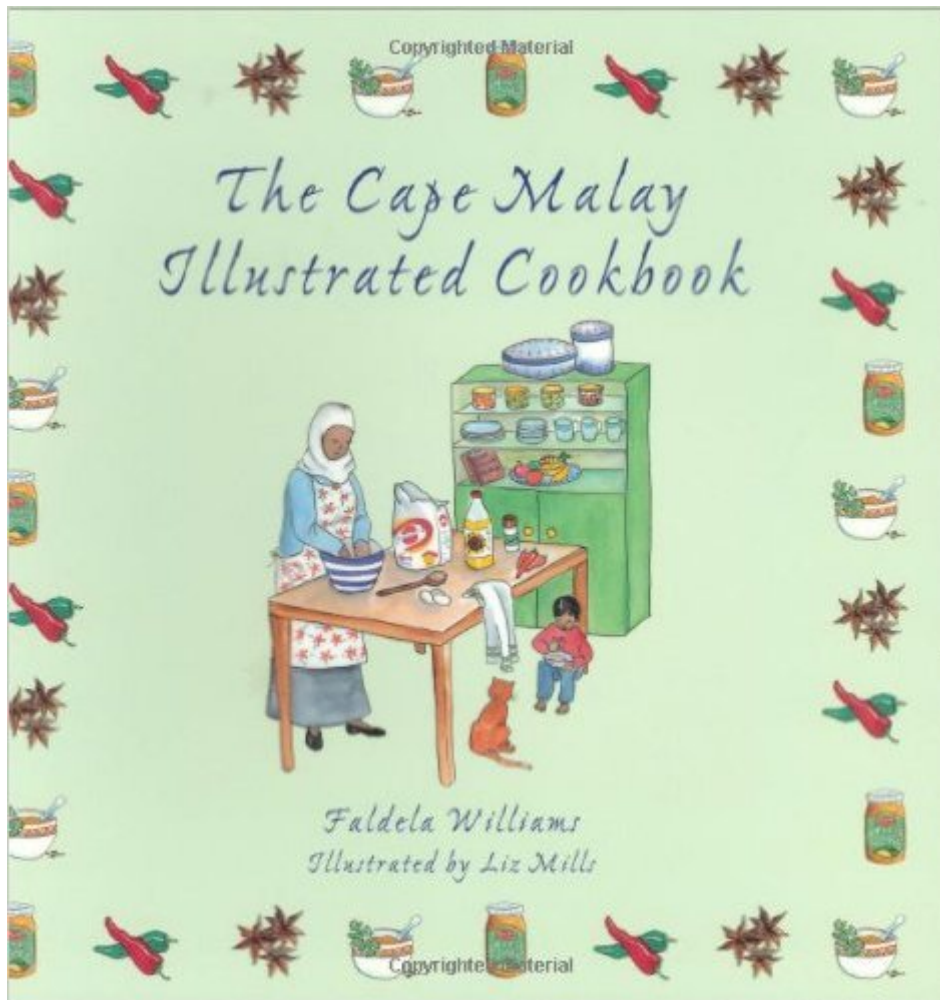


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# The Cape Malay Illustrated Cookbook



## Synopsis

The Cape Malay Illustrated Cookbook is a collection of authentic Malay recipes. Experienced chef Faldela Williams shares her intimate knowledge of the Malay tradition with simple, easy-to-follow recipes for a multitude of well-known Malay dishes such as denningvleis, koesisters, rotis, sosaties, bobotie, curry, smoorsnoek, atjars, blatjangs and sambals. Faldela combines the knowledge passed down from generation to generation with modern practicality and convenience, making these delicious dishes easier to prepare than ever. Accompanying these recipes are beautiful illustrations by Liz Mills that highlight both the beauty of Malay food and of the culture itself.

## Book Information

Paperback: 80 pages

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Product Dimensions: 7.5 x 7.6 x 0.3 inches

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,256,105 in Books (See Top 100 in Books) #157 in [Books > Cookbooks, Food & Wine > Regional & International > African](#)

## Customer Reviews

There is a growing appreciation for authentic regional and ethnic cuisines prepared in American kitchens for the culinary adventurous. A very highly recommended addition to personal, professional, and community library multi-cultural cookbook collections is "The Cape Malay Illustrated Cookbook" featuring a series of recipes from Cape Malay's Muslim populace. Assembled by Faldela Williams from her exhaustive and intimate expertise with Malay cooking traditions and nicely illustrated with the watercolor artwork of Liz Mills, the thoroughly 'kitchen cook friendly' recipes are presented with metric measurements that can easily be converted to American measurements with included 'Conversion Tables'. These authentic and palate pleasing dishes range from Spicy Kebabs; Tuna Biryani; Tomato Bredie; and Masala Steak; to Orange Baked Pumpkin; Easy Pineapple Cheesecake; Cornflake Biscuits; and Aniseed Raisin Loaf. "The Cape Malay Illustrated Cookbook" is especially appropriate for anyone seeking menu selections for a Cape Malay themed dinner party -- and for extraordinary family dining.

Love it. My mom has one.

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